

## Memphis/Shelby County Free Meal Sites

Many sites have changed procedures due to COVID-19. Please call ahead to confirm times and availability.

<b>Name</b>	<b>Address</b>	<b>Neighborhood</b>	<b>Phone</b>	<b>Meal times</b>
<b>St. Vincent DePaul</b>	1306 Monroe Ave	Midtown	722-4703	<b>Daily (Sunday – Saturday):</b> 9:30 – 11 AM
<b>St. Mary's Catholic Church</b>	155 Market St	Downtown	522-9420	<b>Monday – Saturday (no Sunday):</b> 7:15 – 10 AM
<b>First Congo</b>	1000 S. Cooper St	Midtown	278-6786	<b>Monday – Friday (no weekend):</b> 10 AM – 1 PM
<b>St. John's UMC</b>	1207 Peabody Ave	Midtown	726-4104	<b>Tuesday:</b> 4:30 – 5:30 PM <b>Saturday:</b> 4:30 – 5:30 PM
<b>St. Luke's UMC</b>	480 S Highland	University Area	452-6262	<b>Saturday:</b> 4:30 PM <b>Sunday:</b> 8:00 AM
<b>First Presbyterian Church</b>	166 Poplar Ave	Downtown	525-5619	<b>Saturday:</b> 12:30 – 1:30 PM <b>Sunday:</b> 12:30 – 1:30 PM
<b>Manna House</b>	1268 Jefferson	Midtown		<b>Monday:</b> 5 – 6 PM
<b>St. Mary's Episcopal Church</b>	700 Poplar Ave	Downtown	527-3361	<b>Wednesday:</b> 8:00 AM
<b>Idlewild Presbyterian Church</b>	1750 Union Ave	Midtown	726-4681	<b>Thursday:</b> 5:30 PM
<b>Team Laeth</b>	204 N 2nd (First UMC service alley)	Downtown		<b>Thursday:</b> 5:00 PM
<b>Grace St. Luke's</b>	1720 Peabody	Midtown	272-7425	<b>Sunday:</b> 4:00 PM
<b>Calvary Episcopal</b>	102 N. 2nd St	Downtown	312-5214	<b>Sunday:</b> 7 – 8 AM
<b>Historic First Baptist on Beale</b>	379 Beale St	Downtown	522-9073	<b>Sunday:</b> 10 – 10:30 AM
<b>Starting All Over Outreach Ministry</b>	1234 Mississippi Blvd	South Memphis	275-8579	<b>Sunday:</b> 8:30 – 9:30 AM
<b>St. Patrick's Catholic Church</b>	277 S Fourth St	Downtown	527-2542	<b>Sunday:</b> 1:00 PM