

Program	Description	Eligibility	Services	Enrollment Information
TANF (Temporary Assistance for Needy Families)	Workforce development and employment program	Children under 18 Income requirements	Temporary cash assistance, transportation, childcare assistance, educational supports, job training, employment activities	https://faonlineapp.dhs.tn.gov/ TN DHS Regional Offices: <ul style="list-style-type: none"> • 2003 Corporate Avenue Memphis, TN 38132 • 40 S Main Street
Head Start/Early Head Start	Free preschool for infants	Income requirements Infants 0 – 36 months	Early childhood education, parent engagement, social services, nutrition and health	http://www.scsk12.org/prek/
LIHEAP (Low Income Home Energy Assistance Program)	Assists households in meeting immediate energy needs	Income requirements	Assists low-income households who pay a high % of income on home energy to meet energy needs	https://shelbycountycsa.org/services/energy-assistance Shelby County Community Services Agency: <ul style="list-style-type: none"> • 3772 South Hickory Ride Mall #516 • 901.222.4200
SNAP (Supplemental Nutrition Assistance Program)	Nutritional assistance benefits to children and families, the elderly, the disabled, unemployed and working families	Income requirements	Supplement monthly food budget	https://faonlineapp.dhs.tn.gov/ TN DHS Regional Offices: <ul style="list-style-type: none"> • 2003 Corporate Avenue • 40 S Main Street, Suite 900
WIC (Women, Infants, and Children Program)	Additional food to low-income pregnant, postpartum, and breast-feeding women, infants and children under the age of 5	-Tennessee residents -income requirements -considered at nutritional or medical risk	Nutrition education, supplemental foods, breastfeeding support, healthcare referrals -automatically eligible for TANF, SNAP, TennCare	Shelby County Health Department 901- 222-9980
TennCare Medicaid	Tennessee’s Medicaid program	Income & resource limits	Healthcare to low-income pregnant women, parents/caretaker of a minor	https://www.tn.gov/tenncare.html

			child, children or individuals who are elderly or disabled	
CHIP (Children's Health Insurance Program)	Health coverage for children under 18	Income limits	Full health coverage for children whose families are ineligible for TennCare, but can't afford insurance	https://www.tn.gov/coverkids.html
SOAR (SSI/SSDI Outreach Access and Recovery)	Streamlined application process to increase access to SSI/SSDI	18 or older	Application assistance for individuals homeless or at risk of homelessness with a serious health condition (mental illness, substance use disorder)	CMI Healthcare Services <ul style="list-style-type: none"> • Melinda.jones@cmiofmemphis.org • 901-261-6179 https://soarworks.prainc.com/
Vocational Rehabilitation Program (VR)	Individualized services to persons with disabilities to prepare for employment	Employment barriers: Physical, mental, sensory impairments	Counseling & guidance, training, maintenance, transportation, transition services, rehabilitation technology, job training, placement, independent living services	Vocational Rehabilitation Regional Office <ul style="list-style-type: none"> • 40 South Main Street, Memphis, TN • 901-528-5284